

Manual Handling Risk Assessment Template

Please use the below matrix to assess the risk rating both prior to and after the implementation of control measures, this matrix enables you measure the likelihood of an injury occurring against the consequences to determine whether the risk rating is low, medium or high.

3 x 3 Risk Matrix

L I K E L I H O O D	Likely	Medium Risk	High Risk	Extreme Risk
	Unlikely	Low Risk	Medium Risk	High Risk
	Highly Unlikely	Insignificant Risk	Low Risk	Medium Risk
		Slightly Harmful	Harmful	Extremely Harmful
		C O N S E Q U E N C E S		

HAZARD	WHO IS LIKELY TO BE AFFECTED	RISK RATING BEFORE CONTROL	CONTROL MEASURES IMPLEMENTED	RISK RATING AFTER CONTROL
<i>Example:</i> uneven floor on route in which the load is being carried	Person carrying the load, staff located in that area	High Risk	1. Assess route prior to task and use alternative if possible. 2. Enlist the help of colleagues to navigate through area. 3. Ensure that load is kept close to the core of the body so that visual impediment does not occur	Medium Risk

