Project Name
Meet and Two Veg

Project Title and Description
Meet and Two Veg – we are a social enterprise that aims to tackle social isolation and diet-related health inequalities through creativity and cooking and sharing home-cooked food – you can see one of our past events here (https://vimeo.com/40353045)

SOAS – What are you studying/did you study, involvement in societies/projects etc.?
Jolien and Amy both studied MA Anthropology of Food and Thalia studied MA Social Anthropology – Amy contributed to the SOAS Recipe Book, Jolien was a co-organisor for the first Annual SOAS Anthropology of Food Professionalisation Event and Thalia was a member of the Detainee Support Group.

Date of graduation
1/7/13

Why did you decide to apply for the UnLtd Funding?
After our first even we had such a positive response from the public that we wanted to develop it into a more long-term project.

How did SOAS help?
The idea for our first event came from Space, Place and Architecture module that Jolien and Thalia took and Amy performed in, so without SOAS, Meet and Two Veg would never have been invented! Studying anthropology at SOAS brought out our shared love of people and their stories, which is really the basis of our whole project and the creative and positive attitude at SOAS inspired us to be brave in pulling together our own project. Plus Claire Hardesty was really supportive in helping us to put together our ideas.

What do you hope to achieve through your project?
To creatively reveal and address issues of poor diet and social isolation and create pockets of warmth in a sometimes cold and lonely city.
Future plans?
At the moment we are setting up community cooking and eating sessions, planning supper clubs and holding ‘flashmeals’ in public spaces where we share home-cooked food with strangers.

Any tips for students who want to start something?
Don’t spend too long trying to be perfect, just do it and don’t be afraid to push the boundaries of the norm. And don’t do it alone – recruit any friends with expertise.